

## The GRiND Burgers-----

The Burger	3.95	
<i>lettuce, tomato, onion, pickles</i>		Bacon
Cheese Burger	4.95	
<i>bacon, American cheese, lettuce, tomato, pickles, onion</i>		
The GRiND Burger	5.45	
<i>bacon, grilled onions, lettuce, GRiND Sauce, provolone &amp; American cheese</i>		
The Jack	5.75	
<i>bacon, pepper jack, lettuce, tomato, onion, pickles</i>		
Mushroom Swiss Burger	5.75	
<i>bacon, grilled mushrooms, grilled onions, swiss cheese</i>		
Patty Melt	4.95	
<i>lettuce, tomato, grilled onion, pickles, provolone cheese, on Texas Toast)</i>		
BBQ Burger	5.25	
<i>Sweet Baby Ray's, lettuce, Bacon, mozzarella, grilled onions</i>		
Sweet & Spicy Burger	5.85	
<i>Cream cheese, pepper jelly, lettuce, ground cayenne</i>		
Grind Island Burger	4.45	
<i>american cheese, lettuce, tomato, onions, pickles, Grind Island sauce</i>		
Philly Burger	5.99	<i>Our</i>
<i>burger, grilled and seasoned philly steak, onions &amp; peppers, pepperjack, lettuce, tomato, mayo</i>		
Burger	5.75	<i>Our</i>
<i>burger topped with mozzarella cheese, pepperoni, marinara sauce (make it a Supreme by adding grilled peppers and onions for .35)</i>		

## The GRiND Sandwiches-----

Pimiento & Cheese	3.85
Spicy Pimiento & Cheese	4.25
Grilled Cheese	2.25
Hot Ham & Cheese	3.95
Buffalo Chicken Ranch	4.35
Roast Beef with Pepperoncini Peppers	4.95
Southwestern Turkey Swiss	4.50
<i>(add bacon .75)</i>	
Sweet & Spicy Turkey & Swiss	4.65
<i>(add bacon .75)</i>	
Turkey & Swiss	4.25
<i>(add bacon .75)</i>	
Grilled Chicken Sandwich on Sweet Bun	4.85
Peanut Butter & Jelly (Grape or Strawberry)	2.25
Philly Steak	5.75
Philly Chicken	5.75
Philly Teriyaki ( <i>chicken or steak</i> )	5.85
The GRiND Club	6.99
Chicken Salad	3.75
Turkey Club Wrap	4.99

Our Bread: Croissant, Hoagie, Texas Toast, Wheat Bread, Flour Wrap, Tomato Basil Wrap, Wheat Wrap

## One of a GRiND-----

Nachos	5.99
Steak Nachos	7.99
Chicken Nachos	7.99
Skull and Crossbones Nachos	8.99 ( <i>Nachos heated with a special blend of Scorpion Pepper, Carolina Reaper Pepper, and Ghost Pepper Sauce...</i> )

## Grind Salads-----

Grilled Chicken Salad	sm. 3.50	lrg. 6.50
<i>leafy green lettuce, tomatoes, shredded cheese, croutons, seasoned grilled chicken, and your choice of dressing</i>		
Southwest Grilled Chicken Salad		6.99
<i>lettuce, tomato, shredded cheese, corn, black beans, crushed tortilla chips, grilled chicken, and a seasoned ranch dressing</i>		
Steak Salad		6.50
<i>our delicious philly steak on a bed of lettuce and tomatoes.....a keto friendly philly steak</i>		
Chef Salad		6.99
<i>Lettuce, Tomato, Cucumbers, Carrots, Boiled Eggs, Ham, Cheese, Croutons</i>		

## The GRiND Sides-----

Kettle Cooked Chips	1.49
<i>(plain, sour cream &amp; chive, BBQ, salt &amp; vinegar)</i>	
Plain Lay's	1.49
Potato Salad	1.49
Side Salad	1.99

## The GRiND Beverages-----

20 Oz. Bottle Drinks		1.79
Iced Tea	regular	1.75
	large	2.10
One Gallon Jug	1 gal.	2.99
Lemonade	regular	1.75
	large	2.10

## Cooler Desserts-----

Brownie Cup	3.25
Strawberry Shortcake	3.25
Small Parfait	3.25
Large Parfait	4.25
Fruit Cup	3.25

## GRiND Kid's-----

Burger	2.99
Hot Dog	1.25
Grilled Cheese	2.25
Cheese Quesadilla	2.25

## Rise and GRiND-----

<b>Coffee</b>	Small	1.75
	Medium	2.75
	Large	2.95
	Mug	1.25

<b>Espresso</b>	Small	3.00
Latte, Macchiato, Cappuccino	Medium	3.50
	Large	3.95
	Mug	2.75
Single Espresso	1 oz.	1.50
Double Espresso	2 oz.	2.05

<b>Signature Espresso Drinks</b>	20 oz.	4.50
Shot in the Dark	20 oz.	5.25
Terrapin	20 oz.	3.95
Plain Jane	20 oz.	5.75
Black Widow		

<b>Hot Chocolate</b>	Small	2.25
	Medium	2.99
	Large	3.19

## The GRiND Bakery-----

Cookies	1.00
Double Doozy	3.75
Chess Squares	2.25
Brownie	1.25
Frosted Brownie	1.95
Turtle Brownie	2.95
Cinnamon Roll	3.10

## The GRiND Frozen Treats-----

Fruit Smoothies 20 Oz.	4.45
Fruit & Cream Smoothies 20 Oz. (Peach, Strawberry, Mango)	5.25
Frozen Hot Chocolate	4.25

## Blue Bell Ice Cream-----

Cup	2.50	
Cake Cone	1.50	
Sugar Cone	1.65	
Waffle Cone	2.59	
	(Double Scoop)	3.74
Milk Shake 20 Oz.	4.69	

## The GRiND Chillers

<b>Made with Blue Bell Ice Cream and Espresso</b>	
GRiND Chiller 20 Oz.	5.25